



Lucky Punch

Lou Bega

Level: Easy-Intermediate



Choreographer: Michael Becker
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Album: Amazon or iTunes download

Duration: 2:29
BPM: 109
Version: 2

Sequence: As follows (Intro A B C A B C B Outro)

Intro

Wait 16B

Part A (32B)

2 Rocking Chair turn 1/4 L (each)

Cowboy

Repeat all above once

Part B (32B)

Punch & Kick

STO p RS KK RS
L RL R RL
1 & 2 & 3 & 4

On STO: Box punch to the front with right fist, left fist back to the left hip. **On KK:** Turn 1/4 L

Triple

Repeat all above 3 times in a box

Part C (32B)

2 Basic Kick (to the left & right corner)

2 Simple Front Basic

S R(xif) S
L R L
R L R
1 & 2

Push turn full

DS RS RS RS
L RL RL RL **turn 1/1 L**
R LR LR LR **turn 1/1 R**
&1 &2 &3 &4

Soccer

DS DT UP/H DS RS
R L L R L RL
L R R L R LR
&1 & 2 &3 &4

Repeat all above with opposite footwork & direction

Part A (32B) {2 Rocking Chair 1/4 L • Cowboy} 2x

Part B (32B) 4 Punch & Kick & Triple in a box

Part C (32B) {2 Basic Kick • 2 Simple Front Basic • Push turn 1/1 • Soccer} 2x

Part B (32B) 4 Punch & Kick & Triple in a box

Outro

Push off

Push off, slow down and end with a STO and a fist punch on "Hooh!"